

# What's on at The Village Heart?

We are pleased to share with you the new classes we are hosting throughout November at The Village Heart @ St John's.

## Wreath-making Workshop

Wednesday 27th  
November 6-8.30pm



## Rockfit

Every Thursday  
7:30pm



The Village Heart



## Yoga

**Autumn Flow**  
Every Monday 6:30pm  
**Yogalates**  
Every Friday 9.30am  
**Chair Yoga**  
Every Friday 2pm



## Pilates

Every Wednesday  
6:30pm



## Xmas Pottery Workshop

Saturday 9th November  
1-3pm



These classes are open to all, and booking with the organiser is required. Please see details below on how to find out more, or to book your place on one of these fantastic classes:

- ♥ **Yoga- Mindfulness, flexibility & breathing techniques while promoting relaxation**  
[www.bookwhen.com/yogalazouch](http://www.bookwhen.com/yogalazouch) or email [yogalazouch@gmail.com](mailto:yogalazouch@gmail.com)
- ♥ **Yogalates- A fitness fusion of yoga and Pilates, good for a balanced mind and body**  
[bookwhen.com/yogalazouch](http://bookwhen.com/yogalazouch) or email [yogalazouch@gmail.com](mailto:yogalazouch@gmail.com)
- ♥ **Chair yoga- Improves flexibility, concentration, strength, & reduces joint strain**  
[bookwhen.com/yogalazouch](http://bookwhen.com/yogalazouch) or email [yogalazouch@gmail.com](mailto:yogalazouch@gmail.com)
- ♥ **Pilates- Focused on core, posterior chain and mobility work**  
[bookwhen.com/tomdolman](http://bookwhen.com/tomdolman)
- ♥ **Rockfit- A combination of dance fitness, cardio & body toning to a rock soundtrack**  
Call Becky on 07841 486178 or just turn up on the night!
- ♥ **Wreath-making- Make a Xmas wreath for your front door- almost fully booked!**  
Email [boho.botanicals@outlook.com](mailto:boho.botanicals@outlook.com) or call 07702291117
- ♥ **Xmas Pottery- Almost fully booked! Second date now scheduled for 1st December**  
Call 07976 506739 or drop an email to [davidwads@aol.com](mailto:davidwads@aol.com)

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**07759 404226**



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## The Village Heart- NOW OPEN!

The long-awaited grand reopening of The Village Heart @ St John's Church took place on 31st August and 1st September, ushering in a new chapter for this historic venue in the heart of Donisthorpe.

Following 13 months of meticulous restoration, the local community gathered on Saturday, 31st August 2024, to celebrate a vibrant Family Fun Day. The event showcased the new adaptable space and brought families together for live music, games, food, and entertainment.

## A New Era for Community Use: Open Doors | Open Space | Open Minds

### What is The Village Heart?

In response to the increasing demand for a versatile community venue, The Village Heart @ St John's is designed as a beating heart for Donisthorpe and the surrounding villages and beyond.

The newly developed space will provide the following:

- A warm, welcoming community facility with modern amenities, including a servery and toilets.
- A flexible venue for 21st-century worship, welcoming people of all ages
- An event space for hire for birthdays, wedding receptions, parties and other celebrations, with the option of a fully licensed bar and catering through local partnerships
- A safe, accessible environment for children's activities and those with physical needs
- A venue for local clubs, classes and societies, including dancing and indoor sports
- Space for school services, christenings, funerals, weddings, and post-event refreshments
- A venue for the Post Office, concerts, exhibitions, film screenings, and community fundraising
- An ideal location for teaching workshops and meetings for National Forest visitors

See also our **Calendar of Events** detailing our open classes for all to join:  
[Hallbookingonline.com/villageheart](http://Hallbookingonline.com/villageheart)

**Looking for a venue for private party, open event or class/ workshop?**  
Then book our amazing new modern space!  
**GENERAL ENQUIRIES AND BOOKING SYSTEM:**  
**07759 404226**  
[hallbookingonline.com/villageheart](http://hallbookingonline.com/villageheart)

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