

KIPPEN VILLAGE HALL – CLASSES & ACTIVITIES 2023

	Time	Group name	Contact name	
Monday	7.00 - 8.15pm	Yoga	Sharmi Musgrave	M: 07769711688 E: sharmiyoga@outlook.com Facebook: Sharmi_Yoga_Scotland Bookings: www.bookwhen.com/sharmiyoga
	8.45-10.15pm	Badminton		Private class
Tuesday	9.30am -12am	Playgroup		playgroup.toddlers.kippen@gmail.com or Kippen Playgroup and Toddlers on Facebook
	6.30-7.15pm	Andy's Fitness	Andy Carlin	fitnessguruandy@yahoo.com
	7.30-9.00pm	Badminton	Moira Turner	kippen_Pete@yahoo.co.uk
Wednesday	10-10.30am	Strength & Balance Class	Active Stirling Limited	Stewart Cairns 07446240966
	8.30- – 9.30pm	Badminton		Private class
Thursday	8.30-9.15am	Andy's Fitness	Andy Carlin	fitnessguruandy@yahoo.com
	10.15 - 12noon	Mother and Toddler Group		playgroup.toddlers.kippen@gmail.com or Kippen Playgroup and Toddlers on Facebook
Friday	9.30am-12 noon	Playgroup		playgroup.toddlers.kippen@gmail.com or Kippen Playgroup and Toddlers on Facebook
Saturday	8.45-9.30am	Andy's Fitness Class	Andy Carlin	fitnessguruandy@yahoo.com