

DON'T MISS OUT!

# APRIL 2026 WHST'S ON AT CHAPEL PLACE Ivybridge

**SAT 11 & 25**

## COMPASSIONATE CAFE

Providing peer support and a safe space for those facing loss or grief. Open to anyone 18+. It offers a supportive environment to share experiences or simply find comfort. 2<sup>nd</sup> and 4<sup>th</sup> Saturdays every month

10-12



**EVERY WED**

## MINDFUL MAKES & MINGLE (TERM TIME)

This isn't just any craft group, this is your Mmm Craft Group... Bring your own crafty things, use the crafty things provided or just sit back for a judgement free natter about life the universe and everything. E: [mindfulmakesmingle@gmail.com](mailto:mindfulmakesmingle@gmail.com)

10-12

Crafty Kids - Holiday Time Only : Parents Stay & Play




**EVERY WED**

## ROGUE DEBBY CIC (TERM TIME)

Peer-Support for people living with the physical & mental-ness of everything including tips for handling stress & anxiety, understanding time-management with Spoon Theory, finding your own calm space and becoming yourself again. [www.roguedeby.co.uk](http://www.roguedeby.co.uk)

11.30-1



**SAT 18**

## GOLDWORK EMBROIDERY

Every 3rd Sat. Open session Free Drop-in. Introduction to goldwork embroidery, a heritage stitching skill, will be taught by Maria Maidment, Old Maid New for beginners level. Pop in to see samples and kits for purchase [www.oldmaidnew.co.uk](http://www.oldmaidnew.co.uk). Tel Maria 07757089215

11-2

*Old Maid New*  
making old into new



**TUES 21**

## VISION BOARD WORKSHOP

Relaxed & Creative workshop with Hannah Westbrook-Bryan Small Business Network Take a pause from the busy and spend an evening focusing on you, your goals, your balance, and the direction you want your life and business to

[www.hannahwestbrook-bryan.com](http://www.hannahwestbrook-bryan.com)  
BOOK <https://buy.stripe.com/7sY4gy3N524e4WC7Vm3ZK06>

HWB  
7-8.30



Chapel Pl Info & Bookings <https://hallbookingonline.com/chapelplace/>  
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Facebook: Chapel Place Ivybridge Email: [welcometochapelplace@gmail.com](mailto:welcometochapelplace@gmail.com)